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## Knowledge to save a kid's life

PROACTIVE parents are learning first aid in a bid to save their kids from potentially fatal accidents at home.

St John Ambulance first aid trainer Chris Donnelly yesterday showed 20 local mothers, fathers and grandparents how to deal with a range of foreseeable accidents.

Mr Donnelly said the group covered many basics – from CPR to choking, wounds, fractures, bites and stings.

“Kids will be kids and they’re going to hurt themselves, so you have to know how to deal with these situ-

ations as they occur,” he said.

He said the first aid training, held at Target in Geelong, could mean the difference between life and death for a child.

Barwon Heads mother Kylie Casey, 33, said a recent experience with a friend motivated her to take no risks with her nine-month-old daughter.

She said her friend’s child recently had an allergic reaction to a lettuce leaf with caesar salad dressing on it and had to be rushed to hospital.

“It was pretty scary,” she said. “It made me even more motivated to do the course.”



**EMERGENCY SITUATION:** First aid training at Target Geelong yesterday.